

A BRAND NEW ME
Makeover Contest
Rules

Requirements:

1. At least 100 pounds overweight
2. Must have tried dieting previously
3. Must not have had any gastric surgery
4. Must be physically able to exercise (may require physician consent form)
5. Must commit to exercising at least 3 times per week
6. Must be willing to attend Curves 6 week Solution and adhere to the program requirements.
7. Must allow progress to be monitored for the entire year of 2007 and results to posted periodically on the curvesbakersfield.com website or other media in the form of weight, measurements, body composition and photographs.
9. Tell us your story. Why you would like to win - what winning will mean for you personally.

Three winners will be selected.

Grand Prize Winner

In addition the Grand Prize winner will receive a 1 year supply of Curves Protein Supplement Drink and Curves Complete Biomultiple Vitamins; Avenue Clothing Gift Certificate, Avon or Mary K products.

Runner Up winners:

Each runner up will receive a free 1 year membership at Curves Downtown or Wible Road locations and a free 6 Week Solution Class.